

**Oct. 2 Tuesday, 7pm**

## Spiritual Approach to Pain Mgmt.

*With Rev. C.J. Wright, CTR, CTSS*

Do you experience pain that interrupts your day? Program teaches techniques for managing pain that can be used almost anywhere anytime.

**Oct. 9 Tuesday, 7pm**

## Native American Indian Flute & Drum Circle

Participants learn to play flute from the heart and spirit. Bring a 5 or 6-hole native flute, or just come listen. Drums welcome. \$5+suggested donation.

**Oct. 11 Thursday, 6-7pm**

Pack up displays at Center for Pow Wow. Volunteers needed to make this an easy task!

**Oct. 12-14:**

## ORNAIC Pow Wow – Taylorsville, KY

Volunteers needed to set up full display tent beginning at noon on Friday, and help manage the tent on Saturday and Sunday. Come camp out! Take Bardstown Road 7 miles south of Gene Snyder. Turn Left on Hwy. 44. Go 7 miles. Park is on the left. Please sign up for volunteer tasks. Let us know if you need camping information.



Jennifer Dunn

**Oct. 15 Monday, 6-8pm**

## KHNA Meeting – See [www.khna.net](http://www.khna.net)

**Oct. 16 Tuesday, 7pm**

## Living Buddha, Living Christ

This program will bring the book study to a close with discussion of what each participant has received from this study by identifying key teachings from the book. \$5+suggested donation.

**Oct. 19-21:**

## General Butler Pow Wow & Camp Out



Carrollton, KY Campout  
Friday and Saturday night.  
Enjoy powwow while being  
supportive. Will return early  
Sunday morning in time for  
the Spiritual Celebration.

**Oct. 21 Sunday, 1-2:15pm**

## Spiritual Celebration!

Join us for a Spiritual Celebration with music, ceremony and reflections. Donation.

**Oct. 23 Tuesday, 7pm**

## The Spiritual Power of Music

Experience music from around the world. Learn about its meaning, and embrace the power that is always at our fingertips. \$5+suggested donation.

**Oct. 26 Friday, 6-9pm**

## Native American Indian Healing Ceremony

**6-7pm:** Gathering with drumming and flutes

**7-9pm:** Healing Ceremony – Everyone welcome to participate.

This ceremony offers opportunity for healing in our four directions. Facilitated by Rev. Daniel Newman, PhD., and Rev. CJ Wright, CTR, CTSS. No cost. Donations welcome. Please let us know if you plan to attend. Seating is limited due to nature of the circle.

## Day Retreat

**Oct. 27 Saturday, 10am-5pm**

## CAN YOU STAND TO BE THIS HAPPY

### *Loving Who You Are, Where You Are?*

*Day Retreat with Special Guests Rev. Dan Newman, Susan Wesley and Tom Beckman*

Join us for a day of new experiences, insight, and laughter with three incredible special guests guaranteed to touch your heart and your funny bone!

**Part I: Speed Acquaintance**

**Part II: Loving Who You Are, Where You Are.**

**Part III: Lunch provided by the Center**

**Part IV: Loving Who You Are, Where You Are**

**Part V: Can You Stand to Be This Happy???**



See article for presenter bios and workshop description.

Program begins promptly at 100am. Please preregister. \$20 includes light lunch.

**Oct. 30 Tuesday, 7pm**

## Native American Indian Talking Circle

This is a ceremony used to check in or resolve conflict.

Tonight's circle will teach how to use the Talking Circle for conflict resolution.

Nov. 3:

**RAINBOW WELLNESS FESTIVAL  
at Unity Church of Louisville – See insert**

Nov. 6 Tuesday, 7pm

**This is Your Brain!**

Fun program including brain teasers, puzzles and those things that help keep our brains functioning. Program will include Sudoku mini-tourney! \$5+ suggested donation.

Nov. 9 Friday, 7pm-9pm

**Radical Forgiveness**

*with Rev. Martha Creek*

Who Needs Radical Forgiveness? If your life is working, you have all the money you want, good health, no excess weight and perfect relationships, you probably don't need Radical Forgiveness. **You are already blessed.** However, if you're still hurting, feeling victimized, depressed, overweight, grieving or angry, then **Radical Forgiveness could be exactly what you need.** So You Want to Forgive, Right?

Radical Forgiveness makes it EASY – QUICK – SIMPLE – STEP-BY-STEP PROCESS! But please understand - Radical Forgiveness is more than mere forgiveness. To experience it is to see the world quite differently and to open to a whole new way of looking at life. To experience it is to become free, joyous and empowered. \$10 donation. Please register.



Nov. 13 Tuesday, 7pm

**Native American Indian  
Flute & Drum Circle**

Participants learn to play flute from the heart and spirit. Bring a 5 or 6-hole native flute, or just come listen. Drums welcome. \$5+ suggested donation.

Nov. 17 Saturday, 1pm-5:15pm

**Drumming & Healing with  
Crystals Workshop**

*With Bob Laake, Master Drummer, Reiki Healer and Rev. Kevin Driggers, Reiki Master and Level II Melody Crystologist*



Bob will bring several djembes and teach rhythms used for healing and sound attunement therapy. Participants are

welcome to bring drums and other rhythm instruments. Let the Energy of the Drum work for you! Come experience this simple yet powerful tool. In minutes you will feel the energy of "The Drum" and its power to help you feel Energized. Relax, release stress and promote healing. For more info, [www.drumforhealing.com](http://www.drumforhealing.com).

In this experiential workshop, Kevin will demonstrate how crystals and other minerals can assist in facilitating healing and boosting the immune system as well as balancing emotional and physiological states.

\$20 donation. Please register by emailing or calling the Center.

Nov. 17 Saturday, 7pm-10pm

**The Power of Three Healing Circle**

*With Bob Laake, Master Drummer, Reiki Healer and Rev. Kevin Driggers, Reiki Master and Level II Melody Crystologist*

Experience the combination of Reiki, Crystal and Drum healing energy in this powerful healing circle. This is an incredible healing opportunity! Limited seating due to nature of the circle. Please let us know if you plan to attend. Love offering donation.



Nov. 18 Sunday, 1-2:15pm

**Spiritual Celebration!**

Join us for a Spiritual Celebration with music, ceremony and reflections. Donation.

Nov. 19 Monday

**KHNA Meeting – See [www.khna.net](http://www.khna.net)**

Nov. 20 Tuesday, 6-8pm

**Thanksgiving Community  
Prayer & Meditation Ceremony**

Please enter quietly, sign in, and participate in this time of prayer and meditation. Donations welcome.

Nov. 27 Tuesday, 7pm

**“Seat of the Soul” Book Study**

Discussion of evolution and karma in this ongoing book study - pages 19-46. Book by Gary Zukov. \$5+ donation.